



HERE AT CENTRAL IOWA CENTER FOR INDEPENDENT LIVING
 FREE MOVIE EVERY FRIDAY AFTERNOON
 SHOWING BEGINS AT 1:00 PM

Jan 8	APOLLO 13	Feb 19	Tom Hank is Forrest Gump
Jan 15	A River Runs Through It	Feb 26	Young Guns
Jan 22	Drum Line		
Jan 29	Hook	Mar 5	The Untouchables
		Mar 12	The Perfect Storm
Feb 5	Radio	Mar 19	Second Hand Lions
Feb 12	Titanic	Mar 26	Rain Man

AGENCY SPOTLIGHT

PASSAGEWAY OF DES MOINES IOWA

Passageway (previously known as the Rainbow Center) is a clubhouse for mental health consumers. Passageway uses the internationally-recognized service structure called the "clubhouse" model. This structure makes use of psycho-social techniques to help people with mental health issues. The services provided by Passageway include: self-confidence building, social skills development, conflict resolution, and job training and placement.

Here are some comments from Passageway consumers:

"Passageway has changed my life. I used to be afraid."

"Passageway has helped me. I used to be afraid of people."

"Passageway has given me confidence and has helped me learn how to use the computer."

"Passageway has helped me to believe in myself."

For more information about the Passageway program:

Address: Passageway
 305 15th Street
 Des Moines, IA 50309

Phone: 515-243-6929

Email: info@passageway.org

Website: passageway.org



CICIL
 CENTRAL IOWA CENTER FOR INDEPENDENT LIVING
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 DES MOINES, IA 50309

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JANUARY 2010
 VOLUME 13,
 ISSUE I

Come Meet Your Iowa Legislators

Legislative Breakfast

**Wednesday
 January 13, 2010**

7:00 a.m.—9:00 a.m.



Where: Legislative Dining Room

Ground floor of the Capitol Building
 Des Moines, Iowa

- INSIDE:** Legislative Breakfast • CICIL Board of Directors
 • Agency Spotlight • Disability Inquiry • Calendar of Events
 • Movies Coming Soon! • Computer Winners Speak Out!

PLEASE ADD MY NAME TO CICIL'S MAILING LIST:

Name: _____

Address: _____

Please select the format of your choice:

Standard Print _____ Large Print _____ Braille _____

Audio Cassette _____ E-mail _____

E-mail Address: _____

Other (please specify): _____

Please remove my name from the mailing list:

Name: _____

CICIL BOARD OF DIRECTORS

PRESIDENT

Christie Rushing, 2012
J.W. Hughes, 2010

TREASURER

Terry Anderson, 2011
Mike Davis, 2012

DISABILITY INQUIRY

Everyday the Central Iowa Center for Independent Living staff receives questions on a variety of topics. Here is a question we received from one of our consumers:

Will CICIL help me get services from another disability related program? Can CICIL staff go with me to work out my problems with another agency?

Yes, CICIL staff can help. CICIL staff can accompany you if you feel you

have been treated unfairly by a service provider. If you decide to appeal a decision made by a service provider, we can advocate with you to resolve the issue. CICIL staff members have assisted individuals who were seeking accessible accommodations, training, job placement, program services, and funding.

Call the center for additional information and details.



COMPUTER WINNERS SPEAK OUT!

Recently our staff visited with some of the winners of the Prairie Meadows Race Track & Casino / Central Iowa Center for Independent Living Computer Scholarship Program. Our staff was checking to see how the computers were working for the consumers who were awarded a brand new laptop computer. We had many consumers who applied to win a new computer but we only had funds to award 15 computers.

Here is what a few of the computer winners say they are doing with their computers:

L. B. has finished school now and has a new job in Kansas City and is using the computer for work.

J. H. is using his computer for work.

T. S. is using her computer for school work. She is graduating from high school in December 2009 and plans to start college in spring 2010.

D. M. is using her computer to communicate with her son's school to monitor his performance and education. She is also learning computer skills, as well as using the computer to help her traumatic brain injury rehabilitation with memory games.

K. G. Really loves it. She is creating a resume, applying to college, seeking information regarding jobs, school, and financial aid. She also uses email to reconnect with family and friends. She uses the computer to get directions to her nephews wrestling matches. She loves writing and genealogy. She cannot imagine when she did not have a computer.

The comments from our consumers indicate that they are living more independently with the aid of their computers. The comments also reflect the CICIL mission of: "Empower people with disabilities to control their lives."

CALENDAR OF EVENTS FOR JANUARY THROUGH MARCH 2010

DATE	DAY	EVENT	TIME
1-Jan	Friday	New Year's Day Holiday	CLOSED
5-Jan	Tuesday	Job Finders Peer Support Meeting	2:00 PM
8-Jan	Friday	Free Afternoon Movie	1:00 PM
12-Jan	Tuesday	Money Management Peer Support	2:00 PM
12-Jan	Tuesday	CICIL Board of Directors Meeting (tentative)	Noon
15-Jan	Friday	Free afternoon Movie	1:00 PM
18-Jan	Monday	Martin Luther King Day Holiday	CLOSED
19-Jan	Tuesday	Women's Peer Support Group	2:00 PM
22-Jan	Friday	Free Afternoon Movie	1:00 PM
26-Jan	Tuesday	Men's Support Group	2:00 PM
29-Jan	Friday	Free Afternoon Movie	1:00 PM
2-Feb	Tuesday	Job Finders Peer Support Meeting	2:00 PM
5-Feb	Friday	Free Afternoon Movie	1:00 PM
9-Feb	Tuesday	Money Management Peer Support Meeting	2:00 PM
12-Feb	Friday	Free Afternoon Movie	1:00 PM
16-Feb	Tuesday	Women's Peer Support Group	2:00 PM
19-Feb	Friday	Free Afternoon Movie	1:00 PM
23-Feb	Tuesday	Men's Peer Support Group	2:00 PM
26-Feb	Friday	Free Afternoon Movie	1:00 PM
2-Mar	Tuesday	Job Finders Peer Support Meeting	2:00 PM
5-Mar	Friday	Free Afternoon Movie	1:00 PM
9-Mar	Tuesday	Money Management Peer Support Meeting	2:00 PM
9-Mar	Tuesday	CICIL Board of Directors Meeting (tentative)	Noon
12-Mar	Friday	Free Afternoon Movie	1:00 PM
16-Mar	Tuesday	Women's Peer Support Meeting	2:00 PM
19-Mar	Friday	Free Afternoon Movie	1:00 PM
23-Mar	Tuesday	Men's Peer Support Meeting	2:00 PM
26-Mar	Friday	Free Afternoon Movie	1:00 PM
30-Mar	Tuesday	General Peer Support Meeting	2:00 PM